

08'-09'--BILL ROBERTS - (TUES.-THURS.) SIT-UPS [3rd SEMESTER]

#S	02.24.09 Wk#1	02.26.09 Wk#1	03.03.09 Wk#2	03.05.09 Wk#2	03.10.09 Wk#3	03.12.09 Wk#3	03.17.09 Wk#4	03.19.09 Wk#4	03.31.09 WK#5	Total Sit- Ups
1				23						23
2	50			38						88
3		30		32						62
4										0
5										0
6		42		38						80
7		41		37						78
8	40			55						95
9	35			31						66
10		45		43						88
11	35									35
#S	02.24.09 Wk#1	02.26.09 Wk#1	03.03.09 Wk#2	03.05.09 Wk#2	03.10.09 Wk#3	03.12.09 Wk#3	03.17.09 Wk#4	03.19.09 Wk#4	03.31.09 WK#5	Total Sit- Ups
12				31						31
13	40			30						70
14		71		54						125
15										0
16				49						49
17		33		15						48
18		1		37						38
19	45			41						86
20	37			34						71
21	44	15		40						99
22		56		65						121
23		60		65						125
24	51			60						111
MAX.	377	394	0	818	0	0	0	0	0	####
AVE.	42	39	#DIV/0!	41	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	50

08'-09'--BILL ROBERTS - (TUES.-THURS.) SIT-UPS [3rd SEMESTER]

Total Cal. Lost	Total Fat Loss	[Mon-Weds.] STUDENT NAMES	1st SIT-UPS	Last SIT-UPS	STUDENT % INCREASE	SIT UPS - Increased By 20% [Yes/No]
5	0	1. Abdullahi, Kuresha-[6]	0	0	#DIV/0!	#DIV/0!
18	0	2. Balavia, Lillian-[6]	0	0	#DIV/0!	#DIV/0!
12	0	3. Blair, Whitney-[6]	0	0	#DIV/0!	#DIV/0!
0	0	4. Bonilla, Alicia-[6]	0	0	#DIV/0!	#DIV/0!
0	0	5. Chapman, Shaylene-[6]	0	0	#DIV/0!	#DIV/0!
16	0	6. Lomeli-C,Claudia-[6]	0	0	#DIV/0!	#DIV/0!
16	0	7. McGrego, Tyler-[6]	0	0	#DIV/0!	#DIV/0!
19	0	8. Nuyam Hussein-[6]	0	0	#DIV/0!	#DIV/0!
13	0	9. Santiago, Vaneass-[6]	0	0	#DIV/0!	#DIV/0!
18	0	10. Seils, Noland-[6]	0	0	#DIV/0!	#DIV/0!
7	0	11. Wilson, Kailob-[6]	0	0	#DIV/0!	#DIV/0!
Total Cal. Lost	Total Fat Loss	[Mon-Weds.] STUDENT NAMES	1st SIT-UPS	Last SIT-UPS	STUDENT % INCREASE	SIT UPS - Increased By 20% [Yes/No]
6	0	12. Burks, David [DJ]-[7]	0	0	#DIV/0!	#DIV/0!
14	0	13. Chapman, Krisal-[7]	0	0	#DIV/0!	#DIV/0!
25	0	14. Chavez, Ray-[7]	0	0	#DIV/0!	#DIV/0!
0	0	15. Robinson, Hamadi-[7]	0	0	#DIV/0!	#DIV/0!
10	0	16. Lambrecht, Jackson-[7]	0	0	#DIV/0!	#DIV/0!
10	0	17. West, Deja-[7]	0	0	#DIV/0!	#DIV/0!
8	0	18. Batts, Breanna-[8]	0	0	#DIV/0!	#DIV/0!
17	0	19. David, Denzel-[8]	0	0	#DIV/0!	#DIV/0!
14	0	20. Jackson, Terah-[8]	0	0	#DIV/0!	#DIV/0!
20	0	21. King-Lewis, Eric-[8]	0	0	#DIV/0!	#DIV/0!
24	0	22. Litt, Obera-[8]	61	0	-100.0%	NO
25	0	23. Ricalde, Henry-[8]	0	0	#DIV/0!	#DIV/0!
22	0	24. Garcia-Zamora, Marcial-[6]	56	0	-100.0%	NO
318	0					
10	0					